

# Frisco ISD

## Sports Participation Online Forms

1. Go to the following website: <https://friscoisd.rankone.com/>
2. You will be required to create a parent account if you do not already have one.
  - a. Log in or Create parent account
  - b. Add your student(s) to your account
3. For each student, Scroll to the button that says: **View Forms**
4. Paper Document: **ImPACT Test (Required)**
  - a. The ImPACT Test will be taken at school with your student's coach. Please allow time for a manual check and clearance of the test by school personnel before the box will turn green and say "approved". It is NOT immediate.
5. Electronic Document: **FISD Travel Form (Required)**
  - a. Please fill in the emergency contact information being sure to leave no blanks. If you must leave something blank, simply fill in with N/A.
  - b. Next, fill in your primary insurance information being sure to leave no blanks. If you have no insurance, then fill in the blank with N/A.
  - c. If applicable, please fill in the short answer fields about *Allergies, Medical Conditions, and Medications*. Please inform your student's campus athletic trainer or middle school coordinator and/or make sure to complete this information on the UIL physical form as well.
  - d. *Over The Counter Medication Consent*: please check this box if you authorize your athlete to have basic medications in case of an injury, i.e. Tylenol, Advil, Benadryl, If you check 'NO', please inform your student's campus athletic trainer or middle school coordinator.
  - e. Type your student's name in the next box giving them consent to participate in UIL sports.
  - f. Have your student type their name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - g. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - h. Click the *Submit* button.
6. Electronic Document: **UIL/Athlete Participation Forms (Required)**
  - a. Read the opening statement and then go to the first form labeled *1. FISD Parental Code of Ethics*. The form will open in a new window. Read the form, then close the window and check the box next to the form name. Doing this means you agree to that particular form.
  - b. Open the rest of the forms 2 through 9 being sure to read each form and then checking the corresponding box next to each form number.
  - c. After all forms have been read and the box checked next to the form numbers, fill in the next section being sure to not leave a box blank. If you must leave a box blank then simply type in N/A.
  - d. Have your student type their name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - e. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
  - f. Click the *Submit* button.

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### PREPARTICIPATION PHYSICAL EVALUATION (REQUIRED)

7. Choose 1 of the following methods to submit your student's yearly sports physical. Please note, with either method, allow time for a manual check and clearance of the form by school personnel before the box will turn green and say "approved". It is NOT immediate.
- a. Hard copy to campus:
    - i. Fill out the first page (Medical History) online as accurately as possible and complete the checkboxes. Do not fill in the last line as this is for School Use Only.
    - ii. On the second page (Physical form) only fill in the Student's Name, Sex, Age, and Date of Birth.
    - iii. Print out these two pages and manually sign the first page with a black pen.
    - iv. Take both pages to your doctor of choice for a (sport/medical) physical.
    - v. Make a copy for yourself.
    - vi. Return the original signed forms to the Athletic Trainer or your student athlete's Head Coach.
  - b. Soft copy upload to RankOne:
    - i. Fill out the first page (Medical History) online as accurately as possible and complete the checkboxes. Do not fill in the last line as this is for School Use Only.
    - ii. On the second page (Physical form) only fill in the Student's Name, Sex, Age, and Date of Birth.
    - iii. Print out these two pages and manually sign the first page with a black pen.
    - iv. Take both pages to your doctor of choice for a (sport/medical) physical.
    - v. Create a PDF file (preferred) or take a camera picture of EACH side of the document separately.
    - vi. Return to your student's profile inside of your parent account on <https://friscoisd.rankone.com/> and click on **Physical Upload Form**.
    - vii. Select how you would like to upload the document (pdf or picture).
    - viii. Upload each page separately following the examples.
    - ix. You, the Parent/Guardian, need to type your name in the next box and sign the form using your mouse. Be sure to check the *I Agree* box next to the signature.
    - x. Click the *Submit* button.
    - xi. If either of the uploads are not valid nor clearly legible in their entirety, the form may be denied by campus personnel and a new upload will be required prior to participation.